

CoDA Omaha Service Board Meeting

Sunday March 29, 2015 12:30 - 1:30 p.m.

**Board: Chair Lynn S., Secretary Kelley M. , Literature OPEN, Community Contact Terry C.
Technology Community Contact**

Call to Order/ Welcome back/ Serenity Prayer

1. Reading of last board meeting meeting minutes-Approved.

2. Old Business

- Newcomer's packets. Problem trying to get them printed at Physician's Mutual, Folders: .25 each at Office Depot Color copies at Physician's Mutual Print Shop: single-sided - \$.185/pc, double-sided - \$.325/pc Bookmarks printed and cut: \$21.50 for 500

*At the last board meeting, we had voted to have copies made for 500 newcomer's packets. Terry pointed out that the info often changes (for example, meeting lists) and so it may be better to do fewer at a time, so we amended the total to 200. Each packet, including folder, costs us about .96 cents. The items inside include a bookmark, "What Is Coda?" brochure, resource list, meeting list, and crosstalk guidelines. I had some technical difficulties reaching my contact at the Physicians Mutual print shop, but I will follow up Monday March 30 and get that rolling.

(Decided to amend amount of folders to 200)

- 7th Tradition Guidelines to be distributed to weekly meetings.

3. Daily Meeting reports (2 minutes max per person)

Mon - 8 attendees

Tues- Women's meeting poorly attended and want to move due to location

Wed- status quo

Thursday newcomers - only a few members

Saturday meeting- question about meeting?

4. Individual Board Member Reports (2 minutes max per person) Lynn, Kelley, Terry

Terry spoke to a woman who is wanting to get a CODA meeting going in Lincoln. Terry is going to do what she can to help her.

Kelley plans to go to women's shelters and speak about CODA

5. New Business

Event planning for 2015

Retreat/women's retreat at Skyler, Labor Day weekend was only available date (first weekend in March. We decided to hold off on planning a 2015 CoDA retreat for several reasons, including the availability of the retreat center and time to plan programming. The only available time at Skyler was Labor Day weekend. Other locations were too small to accommodate more than 6 or 10 people. We might need to investigate 2016, or consider just have an outing to Skyler rather than a weekend. The

facility is beautiful and affordable.

We asked Lynnze from the Monday meeting to be the next speaker, and she is considering it. We would plan the meeting around her schedule.

Round up 2015: Our tentative theme for the 2015 Roundup, probably to be held in September, is "Keep Calm and CODA On" with an emphasis on self-care. Other than that, the format/fundraising ideas are still fuzzy! We like holding it at the Wednesday meeting, but have not discussed it with them. Please let me know if you have ideas for speakers, presentations, etc.

Sunday meeting is up and running

Tuesday Cocoon Club 7th Tradition money turned in at last board meeting. \$338.00 Has Peggy paid off their rent at Church of the Master?

Women's Meeting may be able to meet at UNMC We tried to think of someone to take over the Women's meeting and move it to a new location so that we can begin to rejuvenate the meeting. Amy has expressed a desire to step down.

Potential replacements for outgoing board members 2016: Concerns about members stepping up for replacements of board members and how to get people motivated to get involved. Suggested to attend the bigger meetings to encourage people to get involved. Three board positions are going to be open in January 2016; Community Contact, Secretary and Board Chair (Terry, Kelley and Lynn). Chris C. is a possible candidate for secretary, but we need to do some outreach to our current membership to get people thinking about joining the board. Possibly we could do a vote at the Round up? Then the new members could shadow the exiting members at the end of the year and the transition might be easier. Just a thought.

Close with Serenity Prayer